



BOCK

Killany

Blue Grape Seed

P R O D U C T S

szolomag.bock.hu

„Health,
Inside and Out“

BOCK

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Blue Grape Seed

PRODUCTS

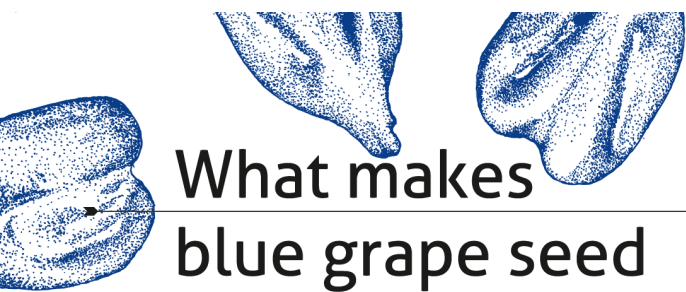


Every year, the Bock Winery harvests on average 11,000 quintals of blue grapes in the Villány Wine Region. One of the wine grape by-products, the seed is extraordinarily rich in beneficial antioxidants and used as the basic ingredient for the Bock Blue Grape Seed nutritional supplement product range.

In addition to the new Bock Blue Grape Seed Oil and the Bock Blue Grape Seed-and-Skin Powder, those interested in a healthy lifestyle and diet can now try out Bock's innovation, the chewable Blue Grape Seed-and-Skin Tablet, ensuring optimal absorption of its active substances.

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What makes blue grape seed so special?

The Bible mentions already the beneficial effects of grapes and wine but the inside of the blue grape seed conceals an even greater treasure. Its incidence of polyphenols is one of the highest in plants, in addition to which it is rich in essential fatty acids and contains traces of many minerals.

The beneficial effects of
polyphenols:

- ← **they protect** the body from vascular diseases and certain types of cancer.
- ← **they reduce** the incidence of free radicals, thereby assisting in the prevention of inflammatory diseases.
- ← **they protect the heart** by reducing high blood pressure and harmful levels of cholesterol.
- ← **they have a beneficial effect** on leg pains caused by varicosity or vasoconstriction.
- ← **they may reduce certain symptoms of** diabetes.
- ← **they can be used successfully in** preventing eye diseases and as a treatment supplement.
- ← **they can alleviate the symptoms of** allergies.



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Blue Grape Seed- and-Skin

M I C R O - P O W D E R

A powder is prepared from the grape seeds using a special procedure, thereby making it easier for the beneficial antioxidants to be absorbed.

Bock Blue Grape Seed Powder can be included in gluten- and lactose-free as well as vegan diets and it is also very versatile in the kitchen, regardless of the season. The powder's beneficial components are minimally affected by heat, making it ideal for cooking pancakes, waffles, cakes and bread, but it is also a handy addition to fruit juices, dairy products, whips and muesli. It is also ideal as a smoothie flavouring.



GLUTEN-FREE



VEGAN



ALLERGEN
FREE

100%
natural

LESS THAN
3%
SUGAR
CONTENT



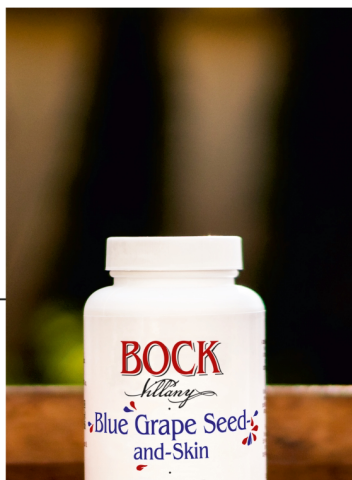
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Blue Grape Seed- and-Skin

T A B L E T

After many years of research, the Bock Winery, together with researchers from Pécs University and Szent István University, have developed a unique production technology with the aid of which they have created a practical, easy-to-use dietary supplement tablet from the blue grape seed powder. Specific research shows that the daily recommended dose of 2x1 tablet already provides the optimal requirement of active substances for an adult.



At identical concentration, the full antioxidant capacity of the Bock Blue Grape Seed-and-Skin Powder (FAC) is 1,5 times higher than that of Vitamin C!



GLUTEN-FREE



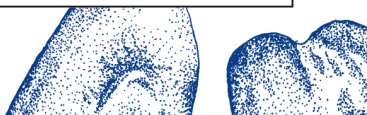
VEGAN



ALLERGEN FREE

LESS THAN
2.5%
SUGAR
CONTENT

The product
contains only
natural
ingredients





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Blue Grape Seed

OIL

Like the powder, the cold-pressed Bock Blue Grape Seed Oil is also extremely rich in bioactive components and polyphenols and so can contribute successfully to the preservation of our health, both inside and out. The oil has neutral scent and it can be used most effectively alone, mixed with face creams or massaged into damp skin: the skin can become softer, surface wrinkles can be smoothed out and itching soothed. It can revitalize the hair bulbs when rubbed into the scalp and used as a hair mask.

Besides the powder, the grape seed oil can be used for the preparation of healthy meals. Its pleasant flavour can turn salads and cold dishes into a joyful gastronomic experience.

For recipes and beauty tips:
szolomag.bock.hu



100%
natural

ALLERGEN
FREE

GLUTEN-FREE

VEGAN

FREE FROM

With the help of
renowned food bloggers

BOCK

has collected together several
mouth-watering recipes made with
blue grape seed products which may
become family favourites both on
special occasions and as part of the
weekly diet.

The recipes and videos featuring the
preparation of them can be found at
szolomag.bock.hu

There are further recipes made with
Bock Blue Grape Seed products
in our recently published
Bock Appétit cookbook:
webshop.bock.hu

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